

Eyes

Blurred vision: yes no
Double vision: yes no
Vision loss: yes no
Eyelid surgery: yes no

Neuromuscular

Multiple Sclerosis: yes no
Bell's Palsy: yes no
Seizure Disorder: yes no

Endocrine

Thyroid Disorder: yes no
Polycystic Ovaries: yes no

Reproductive

Pregnant (or considering becoming pregnant): yes no
Nursing: yes no
Menopause (natural/surgical): yes no

Mental Health

Depression: current or resolved
Anxiety: current or resolved
Eating Disorder: yes no
Substance Abuse: yes no

Autoimmune

fibromyalgia: yes no
chronic fatigue: yes no
 (if yes, how many flares a year) _____
Asthma: yes no
Anaphylaxis: yes no
Metal Implants: yes no
 (if yes, location) _____
Defibrillator: yes no
Pacemaker: yes no

Lifestyle

Sun exposure:
do you work outdoors? yes no
Sleep:
8 hours? yes no
Difficulty falling asleep: yes no
Well rested upon waking: yes no

Nutrition

Do you eat more than you intend: yes no
Do you skip meals: yes no

Water intake: how many cups/day _____

Smoker: past current

Exercise: Type _____ How often _____
